

WAIVER AND ASSUMPTION OF RISK

I, _____, hereby voluntarily, at my own risk, sign this Waiver and Assumption of Risk in sole consideration of being permitted to use a rowing shell, whether belonging to me, to Grand Rapids Rowing Association ('GRRA') or to any third party, in ambient air temperature and/or the water temperature conditions, or in other conditions of water, weather and/or climate, which are outside of the limits which have been designated by the Grand Rapids Rowing Association Board of Directors as GRRA Club Rules for safe and permitted rowing.

I hereby acknowledge and understand that there are extraordinary dangers and risks associated with rowing in such conditions as detailed above, and that I am fully aware of these risks, which could include severe injury and death.

By signing this Waiver and Assumption of Risk, I fully assume said dangers and risks, and agree to use my best judgment while engaging in those activities. I hereby fully waive and release, and agree to indemnify and hold harmless Grand Rapids Rowing Association and all of its Directors and Officers from and against any and all liability incurred as a result of or in any manner related to my participation in such activities.

I hereby certify that I am of legal age and competent to execute this Waiver and Assumption of Risk, that I am doing so of my own free will and accord, voluntarily and without duress, and that I do so intending to bind myself, my executor, my heirs, and administrators or assigns to the fullest extent.

I have read and understood the foregoing, and acknowledge my consent to the terms of this Waiver & Assumption of Risk by signing this Waiver.

Signed: _____ Date: _____